

# News From



## FOR IMMEDIATE RELEASE

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## Happy Holidays from Circleville Physical Therapy

CIRCLEVILLE, OHIO — Pictured are the staff of Circleville Physical Therapy bringing in donations of canned goods for local food pantries this Holiday season.

"One of our focuses this year has been healthier living for ourselves, our patients and all residents of Pickaway County," Rick Bergman, co-owner, shares. "We decided this Holiday to give back to the community by conducting our own food drive among our staff."

The staff, and even patients, have contributed a variety of canned goods and non-perishable food items which will be donated to local food pantries before year's end.

"We are pleased to give back to the community and all of the staff have been a part of this effort," adds Ann Freeman, co-owner. "Our practice will celebrate 20 years of providing physical therapy services to this community in 2008. It has always been our focus to give back to the community. Promoting healthy lifestyles through our food drive is just another way of doing this and a great way to celebrate the Holidays."

Thousands of Pickaway County families are living healthier as a result of the services received from Circleville Physical Therapy. The staff examine each individual and develop a plan of care using treatment techniques to promote the ability to move, reduce pain, restore function, and prevent disability. Physical therapists also work with individuals to prevent the loss of mobility by developing fitness and wellness programs for healthier and more active lifestyles. Circleville Physical Therapy is one of the area's leading providers of outpatient rehabilitation services, specializing in treating a variety of orthopedic and neurological medical conditions for nearly two decades. Their specialty programs and equipment include vestibular rehabilitation, aquatic therapy, spinal decompression back machine, custom orthotics, massage therapy, and personal training and fitness.

Take advantage of the many services offered by Circleville Physical Therapy. For more information, or to schedule a free initial consultation, call 740.474.9318 or, to learn more, visit [www.circlevillephysicaltherapy.com](http://www.circlevillephysicaltherapy.com).

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Photo caption: Circleville Physical Therapy contributes to healthier living in Pickaway County.

Questions about this release should be directed to Ann Freeman at 740.474.9318.